

# Texas Girls Coaches Association

## SAN ANTONIO SPORTS CLINIC

\*Sponsored by the San Antonio Athletic Directors and The Texas Girls Coaches Association\*

Lanier High School

1514 W Cesar E. Chavez Blvd, San Antonio, Texas

**May 20 - 21, 2016**

**Cost of Attendance: \$70.00 (2016 -17 Membership Card Included)**

Time	Event	No.	Site
<b>Friday, May 20</b>			
5:00 - 6:00 pm	<b>Registration for Coaches</b>		LAC Foyer
	<b>TGCA Lectures</b>		
6:00 - 7:00 pm	Volleyball Lecture <i>Brandace Boren - Lake Travis High School</i> <i>"Building Your Practice/Favorite Drills"</i>	#1	Main Gym
6:00 - 7:00 pm	Basketball Lecture <i>Kriss Ethridge - Lubbock Coronado High School</i> <i>"Fundamentals First - Offense"</i>	#2	Secondary Gym
6:00 - 7:00 pm	Softball Lecture <i>Jennifer Fox - Johnson High School</i> <i>"Off Season and Offense"</i>	#3	Rm 1503 B Fieldhouse
6:00 - 7:00 pm	Track Lecture <i>Astin Haggerty - Clear Springs High School</i> <i>"Program Organization &amp; Personnel Selection"</i>	#4	Rm 1503 A Fieldhouse
7:15 - 8:15 pm	<b>UIL Motivational</b> <i>Dr. Susan Elza, UIL Athletic Director</i>	#5	Main Gym
	<b>TGCA Lectures</b>		
8:30 - 9:30 pm	Volleyball Lecture <i>Brandace Boren - Lake Travis High School</i> <i>"The Phases of Off Season"</i>	#6	Main Gym
8:30 - 9:30 pm	Basketball Lecture <i>Kriss Ethridge - Lubbock Coronado High School</i> <i>"Fundamentals First - Defense"</i>	#7	Secondary Gym
8:30 - 9:30 pm	Softball Lecture <i>Jennifer Fox - Johnson High School</i> <i>"Defense and Drills"</i>	#8	Rm 1503 B Fieldhouse
8:30 - 9:30 pm	Cross Country Lecture <i>Astin Haggerty - Clear Springs High School</i> <i>"Quarter Miler Training"</i>	#9	Rm 1503 A Fieldhouse

<b>Time</b>	<b>Event</b>	<b>No.</b>	<b>Site</b>
<b>Saturday, May 21</b>			
7:45 - 8:55 am	<b>Registration for Coaches</b>		LAC Foyer
	<b>San Antonio Lectures</b>		
9:00 - 10:00 am	Volleyball Lecture <i>Heather Sanders - Canyon High School</i> <i>"Teaching Basic Skills"</i>	#10	Main Gym
9:00 - 10:00 am	Basketball Lecture <i>Bill Avey - Southwest High School</i> <i>"Team Drills to Develop Skills"</i>	#11	Secondary Gym
9:00 - 10:00 am	Soccer Lecture <i>Bart Valerio - Madison High School</i> <i>"Technical Training for Athletes"</i>	#12	Soccer Field
9:00 - 10:00 am	Cross Country Lecture <i>Steve Barlow - Holmes High School</i> <i>"Summer Training/Cross Country Prep/In Season Training"</i>	#13	Rm 1503 A Fieldhouse
	<b>TGCA Lectures</b>		
10:15 - 11:15 am	Volleyball Lecture <i>Brandace Boren - Lake Travis High School</i> <i>"Perfecting Your First Contact (Passing, Serving &amp; Digging)"</i>	#14	Main Gym
10:15 - 11:15 am	Basketball Lecture <i>Kriss Ethridge - Lubbock Coronado High School</i> <i>"Basics Are Always Best"</i>	#15	Secondary Gym
10:15 - 11:15 am	Softball Lecture <i>Jill Cupp - Reagan High School</i> <i>"Pitching Fundamentals &amp; Drills"</i>	#16	Rm 1503 B Fieldhouse
10:15 - 11:15 am	Track Lecture <i>Astin Haggerty - Clear Springs High School</i> <i>"Understanding the Marks &amp; Relay Exchanges"</i>	#17	Track
	<b>San Antonio Lectures</b>		
11:30 a - 12:30 p	Volleyball Lecture <i>Heather Sanders - Canyon High School</i> <i>"Drills for the Key Skills"</i>	#18	Main Gym
11:30 a - 12:30 p	Basketball Lecture <i>Bill Avey - Southwest High School</i> <i>"Quick Hitters and Special Situations"</i>	#19	Secondary Gym
11:30 a - 12:30 p	Soccer Lecture <i>Bart Valerio - Madison High School</i> <i>"Small Sided Technical Games"</i>	#20	Soccer Field
11:30 a - 12:30 p	Track Lecture <i>Steve Barlow - Holmes High School</i> <i>"Winter Training/Track Season Prep/Track Season Training"</i>	#21	Rm 1503 A Fieldhouse